

## **SCHOOL OF MEDICAL SCIENCES OUTREACH PROGRAM**

Aldersgate College in its continued venture as a Learning Center for Excellence within the heart of Nueva Vizcaya now opens its doors to student for the School Year 2010-2011 offering varied programs that would prepare and hone any graduate that goes out from its portals as globally competitive and comparable to other graduates coming from prestigious colleges and universities in metropolitan areas.

The School of Medical Sciences as a Department offering Health Allied Programs continuously enhances its curricular programs that would equip the students with the Knowledge, Skills, and Attitudes as a foundation for excellent performances, making those as their spring-board to be at par with other professionals in various fields of industry where they land into for a noble job.

To achieve all of these with success the School of Medical Sciences not only prepare its students in the academic aspect of learning but at the same time to provide opportunities for every student to apply their theoretical knowledge, skills and attitudes thru practice among actual clients like in the community; hence, a Community Extension and Outreach Program was conceived and been worked-on to reality in a remote Barangay (Brgy. Bonifacio, Quezon, Nueva Vizcaya)

## **SAR-Ex (Student Action Response for Excellence)**

The SMS-Community Extension and Outreach Program is now on its Second Year of existence and for this School Year 2010-2011, this is also a vis-à-vis program in the implementation of the SAR-ex Project introduced by the Commission on Higher Education beginning this School Year.

On the first week of July 2010, several volunteer students of the School of Medical Sciences together with some Faculty Members went to Brgy. Bonifacio, Quezon, Solano, Nueva Vizcaya (the adopted community for the Community Extension and Outreach Program) and paid a visit to the place, made the necessary coordination with the Barangay Council Officials and presented the Department's plan on the continuity of the previously implemented programs the previous year; wherewith the Barangay Council Officials and the community were very thankful and appreciative for the continuity of the programs and gave the assurance for a committed and sincere active involvement of the Barangay as a whole.



On that same week, ocular visits to the different Puroks and Sitios were done; with the necessary assessment purposely to identify prevailing needs and problems of the community people and also evaluation on the status of previously implemented programs.

Since month of July as to Department of Health implemented Programs, is being observed in several agencies (government and private) as NUTRITION MONTH, the SMS Department coordinated with the Barangay Elementary Schools' Officials and so with the Barangay Council Officials on the different activities to be done in observance of the NUTRITION PROGRAM for the month.

The different activities for the NUTRITION PROGRAM CELEBRATION were implemented:

JULY 15, 2010	Coordination with all Elementary Schools' Officials in the Barangay for scheduled activities
JULY 16, 2010	Operation Timbang for all Elementary School pupils (Grade I – VI) in Centro , Barangay Bonifacio
JULY 22, 2010	Operation Timbang for all Grade I-VI pupils in Sitio Tutong, Bgry.Bonifacio, Quezon
JULY 23, 2010	Operation Timbang for all Grade I-IV pupils in Sitio Tawi-tawi, Bgry. Bonifacio, Quezon
JULY 30, 2010	Culminating Program of the NUTRITION MONTH Celebration in Barangay Bonifacio,Quezon with the collaborative participation of Philippine Nurses' Association – Nueva Vizcaya Chapter
AUGUST 05, 2010	Feeding program at Sitio Tutong, Brgy. Bonifacio, Quezon and giving Supplemental Feeding Stuff for Malnourished children in the area
AUGUST 06, 2010	Feeding Program at Primary School in Sitio Tawi-tawi, Brgy. Bonifacio, Quezon

As scheduled on JULY 30, 2010, it was the day for the Culminating Program of the NUTRITION MONTH CELEBRATION held at the Baranggay Hall of the Community. The one-day activities was participated by the community people and especially so by the elementary school pupils who actively participated during the whole day program.



Some of the highlights of the Program were the Poster Making and Slogan Making Contest which was participated by all levels of the Elementary School Pupils of the Baranggay and the Literary-Musical Presentations of the children from the Preparatory level to the Elementary level. The winners in the different respective categories were filled with joy and the radiant smiles and laughters from them made us organizers more inspired and challenged to continue and move on with the committed task given to us; as a part of the responsibilities to be done and accomplished related to the implemented Program.

To inspire the group most is the verse from the Bible which states... “For I can do all things with CHRIST who strengthened me”.



*Faculty members of the School of Medical Sciences as well as the students together join the program held at Brgy. Bonifacio during the Nutrition Month.*



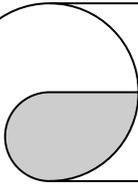


*Faculty members of School of Medical Sciences are preparing one of the rooms in the elementary school of Brgy Bonifacio for the activities of the pupils.*



*Students of the School of Medical Sciences performing the blood pressure taking to one of the mother and heart rate of one of the pupils at Brgy. Bonifacio to assess their status.*





## **Community Extension and Outreach Program December 20, 2010 @ Brgy. Bonifacio, Quezon, Nueva Vizcaya**

As the Spirit of CHRISTMAS enters the minds and hearts of everyone, in every family and home, the community is filled with joy and merry-making as the common knowledge of what CHRISTMAS is all about. But....What does CHRISTMAS really meant to us?

The SCHOOL OF MEDICAL SCIENCES of ALDERSGATE COLLEGE wanted to show that CHRISTMAS season is not just merry-making of individuals of any age level but a time and opportunity to give/share GOD'S LOVE to us....as had been initiated or begun by the birth of the Messiah-JESUS CHRIST who came to be our SAVIOR.

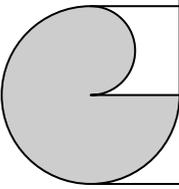
God's Love which fills our lives can be shared to anyone, especially so to the less privileged, less-fortunate and needy brethren of ours in the far-flung areas of our province. There are so many ways to give our LOVE to others from its simplest many to a lavish way of giving....and what matters is the sincerity and truthfulness of giving with compassion and commitment.

Filled with God's Love and dedication to serve as inspired by GOD's Commandments... "Love one another as God Loves You"... The students of the School of Medical Sciences joined together (Bachelor of Science in Nursing, Diploma in Midwifery and Health Care Services NC II) and joyfully trekked their way up the winding roads of Brgy. Bonifacio and to be with the community once again for a joint-celebration and thanksgiving of that day when JESUS our SAVIOR was born.

Simple Programs were simultaneously spearheaded: one in Purok Centro-where most residents of the Barangay can easily access for gatherings of any kind; and another was held in Sitio Tutong-as considered the most easiest and most accessible for those families far-north of the Barangay.

A time of fellowship and a time of togetherness gave the residents the joy and words of appreciations and thanks were readily expressed with expressed words that they felt being "loved-and-cared" amidst their estate of life and considering the place where they lived.

LOVE were expressed by the students not only in words, but thru the variety of gifts they heartily gave to the residents and so with the assurance that they are giving the commitment to help them achieve a healthy lifestyle amidst their economic status thru the implementation of health services in answer to their health needs and health problems as to their capacity and capability to serve and be of help.



The day's activities ended with words of thanksgiving and rejoicing for moments like such sponsored by committed students who are ready and dedicated to serve....and these are the SMS students of ALDERSGATE COLLEGE.



*Participants during the Christmas Program are enjoying the activities held at Brgy. Bonifacio on December 21, 2010.*





*Mrs. Phoebe Bacayana, clinical instructor gives her opening remarks and the students of the Diploma in Midwifery also participated during the Opening Ceremony of their Christmas Program at Brgy. Bonifacio.*

